

## **Sendezeiten: Fit & gesund – Das Gesundheitsmagazin**

### **DW (Europe)**

**MI 21:30 UTC | DO 09:30 UTC**

	Winter	Sommer
London	MI 21:30   DO 09:30	MI 22:30   DO 10:30
Berlin	MI 22:30   DO 10:30	MI 23:30   DO 11:30
Moskau	DO 01:30 + 13:30	DO 01:30 + 13:30

### **DW (Asien)**

**MI 23:03 UTC | DO 03:30 + 08:30 + 15:30 UTC | SA 06:03 UTC**

	Winter/Sommer
Neu-Delhi	DO 04:33 + 09:00 + 14:00 + 21:00   SA 11:33
Bangkok	DO 06:03 + 10:30 + 15:30 + 22:30   SA 13:03
Hongkong	DO 07:03 + 11:30 + 16:30 + 23:30   SA 14:03

### **DW (Amerika)**

**MI 21:30 UTC | DO 00:30 + 13:03 + 18:30 UTC | SA 16:03 UTC**

	Winter
Vancouver	MI 13:30 + 16:30   DO 05:03 + 10:30   SA 08:03
New York	MI 16:30 + 19:30   DO 08:03 + 13:30   SA 11:03
Sao Paulo	MI 19:30 + 22:30   DO 11:03 + 16:30   SA 14:03
	Sommer
Vancouver	MI 14:30 + 17:30   DO 06:03 + 11:30   SA 09:03
New York	MI 17:30 + 20:30   DO 09:03 + 14:30   SA 12:03
Sao Paulo	MI 18:30 + 21:30   DO 10:03 + 15:30   SA 13:03

### **DW (Latinoamérica)**

**DO 07:30 UTC**

	Winter/Sommer
Caracas	DO 03:00
La Paz	DO 03:30
Buenos Aires	DO 04:30